Why does God allow sufferings or trials?

TRIALS ARE MEANT TO MAKE YOU STRONG. By this trial you might find the true God , or if you are already in the right path, you might be more strong.

3 Blessed be God, even the Father of our Lord Jesus Christ, the Father of mercies, and the God of all comfort;

4 Who comforteth us in all our tribulation, that we may be able to comfort them which are in any trouble, by the comfort wherewith we ourselves are comforted of God. - 2 Corinthians 1

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it. - 1 Corinthians 10:13

For unto you it is given in the behalf of Christ, **not only to believe on him, but also to suffer for his sake**; – Philippians 1:29

Philippians 2

5 Let this mind be in you, which was also in Christ Jesus:

6 Who, being in the form of God, thought it not robbery to be equal with God:

7 But made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men:

8 And being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the cross.

9 Wherefore God also hath highly exalted him, and given him a name which is above every name:

10 That at the name of Jesus every knee should bow, of things in heaven, and things in earth, and things under the earth;

11 And that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

If you are sincere to know if there is a real God, pray if there is a true real God to reveal Himself to you. God Himself has promised – **Jeremiah 29:13**

13 And ye shall seek me, and find me, when ye shall search for me with all your heart.

If interested, read the Bible with an open mind praying to the true God to reveal Himself to you. You can start with the new testament, Gospel of MARK and then Gospel of John and then the other books of the New Testament.

Let the true God, if it be Jesus or Allah or any other God, let the true God reveal Himself to you! In my case, I realised Jesus is really God and He is whom He says to be.

I said therefore unto you, that ye shall die in your sins: for if ye believe not that I am he, ye shall die in your sins. – John 8:24