How do I improve my self confidence and what I think of myself?

View yourself from God's viewpoint and that will definitely help

God has created you with a purpose. Let Him fulfill that purpose through you and realise the fact that you are precious to God and its a fact. Don't look at feelings, but trust the fact that God loves you more than you think.

From Streams in the desert devotional

*I have learned, in whatsoever state I am, therewith to be content (*Philippians 4:11*).*

Paul, denied of every comfort, wrote the above words in his dungeon.

A story is told of a king who went into his garden one morning, and found everything withered and dying. He asked the oak that stood near the gate what the trouble was. He found it was sick of life and determined to die because it was not tall and beautiful like the pine. The pine was all out of heart because it could not bear grapes, like the vine. The vine was going to throw its life away because it could not stand erect and have as fine fruit as the peach tree. The geranium was fretting because it was not tall and fragrant like the lilac.

And so on all through the garden. Coming to a heart's-ease, he found its bright face lifted as cheery as ever. "Well, heart's-ease, I'm glad, amidst all this discouragement, to find one brave little flower. You do not seem to be the least disheartened." "**No, I am not of much account, but I thought that if you wanted an oak, or a pine, or a peach tree, or a lilac, you would have planted one; but as I knew you wanted a heart's-ease, I am determined to be the best little heart's-ease that I can."**

Others may do a greater work,
But you have your part to do;
And no one in all God's heritage
Can do it so well as you.

They who are God's without reserve, are in every state content; for they will only what He wills, and desire to do for Him whatever He desires them to do; they strip themselves of everything, and in this nakedness find all things restored an hundredfold.

Am I beautiful? Am I looking presentable and attractive today?

These are questions most of us think almost every day. As a matter of fact, ***Beauty is in the eye of the beholder.***

Have we ever thought whether we are beautiful in the eyes of God?

God says – The Lord seeth not as man seeth; for man looketh on the outward appearance, but the **Lord looketh on the heart**.Our beauty is something which fades as years pass by. It's a fact that as we age, our physical beauty diminishes.

God doesn't evaluate as humans perceive what is beautiful. God looks at the heart.

It's God who gave us a form when we were conceived in the mother's womb.

Psalm 139

13 For thou hast possessed my reins: thou hast covered me in my mother's womb.

*14 I will praise thee; for **I am fearfully and wonderfully made**: marvellous are thy works; and that my soul knoweth right well.*

15 My substance was not hid from thee, when I was made in secret, and curiously wrought in the lowest parts of the earth.

*16 **Thine eyes did see my substance, yet being unperfect; and in thy book all my members were written, which in continuance were fashioned, when as yet there was none of them.***

17 How precious also are thy thoughts unto me, O God! how great is the sum of them!

All our physical characteristics were designed by God and we are wonderfully made in our mother's womb. So our physical form is God given and was shaped

while we were in our mother's womb.

What God perceives as beauty is the purity of our heart.

Favour is deceitful, and beauty is vain: but a woman that feareth the Lord, she shall be praised. Proverbs 31:30

*As a jewel of gold in a swine's snout, so is a fair woman which is without discretion.*Proverbs 11:22

In the sight of God, there is none righteous. No not one.

10 As it is written, There is none righteous, no, not one:

11 There is none that understandeth, there is none that seeketh after God.

12 They are all gone out of the way, they are together become unprofitable; there is none that doeth good, no, not one.

9 **Who can say, I have made my heart clean, I am pure from my sin?** – Proverbs 20:9

..For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders,

22 Thefts, covetousness, wickedness, deceit, lasciviousness, an evil eye, blasphemy, pride, foolishness:

23 All these evil things come from within, and defile the man. – Mark 7:21-23

Without shedding of blood, there is no remission of sin. In JESUS alone, we have redemption from our sins through His blood shed on the cross, and the forgiveness of sins and complete freedom from sin's bondage on us.

..The blood of Jesus Christ his Son cleanseth us from all sin.

8 If we say that we have no sin, we deceive ourselves, and the truth is not in us.

9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. – 1 John 1:7-9

Be truthful and do repent of your sins. Pray to Jesus. He knows our heart.

He has promised in His word – in the Holy bible. If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

Cleanse your heart from your sins by the blood of Jesus. That's the only means by which we can be beautiful and acceptable in God's eyes.

God has a purpose for each of us. He will direct you through different circumstances in life if you do desire to fulfill God's purpose in life. God doesn't make mistakes. He changed the crucifixion of Jesus to the salvation of mankind. We can trust God.

God loves us, he is our creator and our Father. – Its a fact and it doesn't change on whether we feel or not.

and that the world may know that thou hast sent me, **and hast loved them, as thou hast loved me.** – John 17:23

And we know that **all things** work together for good to them that love God, to them who are the called according to his purpose. – Romans 8:28

How can I come to God?

First of all, we can't come to God directly. Just think about the head of our country. Can we just go and meet them? We can meet them if we have an invitation. God is the supreme most power and the highest in authority in the whole universe. We can come to God only in His own terms, not ours.

God reveals of Himself as – **of purer eyes than to behold evil, and canst not look on iniquity** – Habakkuk 1:13

No one with iniquity or sin can come to His presence. We can come to God after being cleansed from our sins. We cannot cleanse ourselves from our sins.

God sent His ONLY begotten son Jesus Christ into this world so that ANYONE who believes in Him should not perish, but should receive everlasting life. If ANYONE believes in JESUS and repents of their own sins and asks JESUS to forgive their sins; He being God himself, has the power to forgive sins. Only the true God can forgive the sins of mankind. Jesus being God who came to earth in

the form of human alone has the power to forgive our sins.

Be truthful to yourself and do repent of your sins. Pray to Jesus. He knows our heart.

He has promised in His word – in the Holy bible**. If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.**

For it is not possible that the blood of goats and bulls should take away sins.

Without shedding of blood, there is no remission of sin. In JESUS alone, we have redemption from our sins through His blood shed on the cross, and the forgiveness of sins and complete freedom from sin's bondage on us.

With repentance tell all your sins to Jesus. Jesus understands all your needs. He will forgive and all your sins will be cleansed. You will **receive eternal life and you can be assured that you are in the right way to heaven.**

JESUS – the meaning of the name is – **the one who saves the people from their sins.**

The blood of Jesus Christ his Son cleanseth us from all sin.

If we say that we have no sin, we deceive ourselves, and the truth is not in us.

If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. – 1 John 1:7-9

But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name – John 1:12

For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, **Abba, Father.**

The Spirit itself beareth witness with our spirit, that *we are the children of God* – Romans 8:15,16

When your sins are cleansed, you become a child of God and then you can come to God, our Heavenly Father.

If you are sincere to know if there is a real God, pray if there is a true real God to reveal Himself to you. God Himself has promised – Jeremiah 29:13

13 **And ye shall seek me, and find me, when ye shall search for me with all your heart.**

If interested, read the Bible with an open mind praying to the true God to reveal Himself to you. You can start with the new testament, Gospel of MARK and then Gospel of John and then the other books of the New Testament.

Let the true God, if it be Jesus or Allah or any other God, let the true God reveal Himself to you!

I said therefore unto you, that ye shall die in your sins: **for if ye believe not that I am he**, ye shall die in your sins. – John 8:24

Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved. – Acts 4:12

In my case, I realised Jesus is really God and He is whom He says to be.