

How would I know when to resist the devil?

For example, when some sudden thoughts come to your mind, realise that it may **sometimes** be the thoughts or suggestions implanted into the mind by devil. Not all thoughts in our mind are the ones which originates from us.

To resist,

1. **When some sudden unclean thought comes to mind, recognise the probability that the devil is trying to distract you.**
2. **After recognising this, refuse to think about that unclean thought. Purposefully distract mind to something positive or profitable.**